

## **Nova Scotia Hearing and Speech Centres Audiology Self Test**

**Please take a moment to complete this brief hearing questionnaire:**

- Do you have any close relatives who have significant hearing loss?  Yes  No
- Do you have ringing or buzzing noises in your ears?  Yes  No
- Do you now or have you ever worked in a noisy place  
(i.e. worked with jackhammers, factories, heavy equipment)?  Yes  No
- Do you seem to be able to hear better in one ear than the other?  Yes  No
- Do you have trouble hearing what people say in a busy place like a restaurant?  Yes  No
- Do people tell you the TV is too loud?  Yes  No
- Do you have trouble hearing where a sound is coming from?  Yes  No
- Do you ask people to repeat themselves frequently?  Yes  No
- Do you feel your hearing stops you from attending family/social events?  Yes  No
- Do you frequently misunderstand what people say?  Yes  No

If you have answered YES to TWO or MORE questions, you should consider having your hearing tested by an Audiologist. Please contact a Nova Scotia Hearing and Centre nearest you.