

I have had a total Laryngectomy.  
I cannot speak.

Nova Scotia  
Hearing and Speech  
Centres

My voice prosthesis has come out.

Please go to [www.nshsc.ns.ca/links.html](http://www.nshsc.ns.ca/links.html)

I breathe through an opening in my neck. I do NOT breathe through my mouth or nose.

My voice box has been removed.

Resuscitate with air or oxygen to the neck opening (stoma) or use mouth-to-neck breathing.